

I. ORANGE COUNTY

A. Food Distribution & Supplies

1. Kids

- <https://summerbreakspot.freshfromflorida.com/>
- Dial 2-1-1
- Text FLKIDSMEALS to 211-211

2. Food Insecurity

- https://www.feedhopenow.org/site/SPageServer/?pagename=need_food
- Additional resources: <http://www.resourcehouse.info/Win211/>
- https://www.feedhopenow.org/site/DocServer/resource_sheet.pdf?docID=3141
- SNAP Orange County
Application: <http://www.myflorida.com/accessflorida/>
- SNAP Orange County:
https://www.feedhopenow.org/site/DocServer/BC_CALENDAR_Orange_-_June_2014.pdf?docID=1181
- Produce For Parramore:
https://www.infinitezionfarms.org/csa?fbclid=IwAR3ZYTUY6OzG8q6QjzrSaMJUj_hY1GhzAsBnRAeXF0qcwSVu3luMzAZNcuo

3. Seniors

- Orange County – Seniors First Seniors can purchase meals or apply for free meals in Orange County by calling **407-615-8987**.
- Senior Resource Alliance, the AAA of Central FL
<http://www.sraflorida.org/>

B. Schools & Childcare

- Orange County Public Schools Free Grab-and-Go Meals (Now including weekend meals)
https://www.ocps.net/departments/food_and_nutrition_services/grab-and-go_meals
- Beginning April 10, Friday Grab-and-Go meals include meals for the three-day weekend. Meals are available for pickup between 10 a.m. and 1 p.m., Monday through Friday, in the car loop of each school site. Friday Grab-and-Go meals will include three days worth of meals.
- Students are no longer required to be present to receive the meals. Parents must provide the names of students for whom they are picking up meals. District staff will record names and distribute the meals directly to parents in their vehicles (drive-thru service).
- Students walking and/or riding a bike to the school can also pick up meals. Based on recommendations from our federal and state leaders, all meals should be taken home to eat.
- OCPS School Menu: <https://ocpsmenus.com/menu>

- Grab & Go OCPS Lunch Sites:
https://www.ocps.net/departments/food_and_nutrition_services/grab-and-go_meals

C. Employment Opportunities & Assistance

1. **How to Apply for Unemployment Insurance Online:**

<http://www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants/apply-for-benefits>

- a. Florida's Online Unemployment Insurance Application system.

Forewarning: the online system since the Rick Scott administration is notoriously difficult to use and the web page crashes often. The website does offer what you need to have ready before applying for Unemployment Insurance.

2. **Unemployment Insurance Paper Application:**

<http://www.floridajobs.org/Reemployment-Assistance-Service-Center/reemployment-assistance/claimants/rapaperapplication>

- a. Paper applications have been favored to the online system to help applicants through the difficult online system. **Paper Applications take longer to process.**

- [English-language Paper Application](#)
- [Spanish-language Paper Application](#)
- [Creole-language Paper Application](#)

- b. **Apopka**

- The City of Apopka is offering paper applications at Apopka City Hall 120 East Main Street, Apopka, FL.

- Forms will be available between 8AM – 12 PM; 1PM – 5 PM
- Once turned in, applications will be overnighted to the Florida Unemployment Insurance offices in Tallahassee

D. Utilities and Bill Pay

1. OUC (Orlando Utility Commission) COVID-19 Response: **Late Fees Waived and Disconnections Suspended:** Effective immediately, we are waiving late fees and have suspended OUC service disconnects because of nonpayment until further notice. If you receive a letter or myOUC notification banner regarding service disconnection, please disregard. <https://www.ouc.com/coronavirus-monitoring>
2. FPL (Florida Power & Light): <https://www.fpl.com/help.html>
3. Duke Energy: Since many customers may face unusual financial hardships because of COVID-19, we are temporarily suspending disconnections for nonpayment and waiving late payment fees effective March 21.
https://www.dukeenergyupdates.com/?_ga=2.9706165.1633522695.1586014248-2002769314.1586014248

E. Community Aid:

1. Assistance Programs For Service Workers & Hospitality Workers:
<https://ofwemergencyfund.org/help?fbclid=IwAR1V6VWdolgSzl0mn4DG8rMjPERFJPiUIMEPzuuvdk5A8yPWDUNioBWSd3o>
2. Bartender Emergency Assistance Program: The United States Bartender Guild is a national organization whose goal is to empower bartenders and those in the hospitality industry. They've launched an emergency assistance program.
 - **To Qualify For BEAP You Must:** Be a bartender or spouse or child of a bartender. Experience a catastrophe or emergency hardship. Lack the necessities of life, including financial, physical, mental, or emotional wellbeing because of the catastrophic event or emergency hardship. Provide tangible documentation of the catastrophic event or emergency hardship. <https://www.usbgfoundation.org/beap>
 - **Southern Smoke Emergency Relief Fund:**
<https://form.southernsmoke.org/smoke/application/>
 - Restaurant Worker Community Foundation: Restaurant Workers' Community Foundation have created the Southern Smoke Emergency Relief Fund for "those employed by or own restaurants or bars or are employed by a restaurant or bar supplier that are faced unforeseen expenses that cannot or will not be covered by insurance." <https://www.restaurantworkerscf.org/>
 - **Rental Assistance:**
<https://www2.ocfl.net/FamiliesHealthSocialSvcs/RentalAssistance.aspx#.XpY6khnYrnE> **Note: The COVID-19 Rental Assistance program is not accepting any new requests for assistance. We are working to process all the requests for assistance for residents who submitted their contact information online prior to 5:00pm on April 1, 2020. United Way of Central FL ALICE Fund for COVID-19/Coronavirus Recovery (English):**
<https://www.surveymonkey.com/r/ALICECOVID19>
 - **For Artists:**
Arts & Culture Leaders of Color Emergency Fund:
<https://docs.google.com/forms/d/e/1FAIpQLSfv4AazvLFVUNAgXoxqBqfZ7jJVkrMroa-CET6Vt6XygR-CaQ/viewform?fbzx=-3799063969886189669>
Queer Writers of Color Relief Fund:
https://docs.google.com/forms/d/e/1FAIpQLSd4u-9VX5bQZrdt3H-wO99UPb8e_k4r3dy0A3wf8eoG3E-2sw/viewform
CERF+ Relief Fund: A public charity that supports studio artists nationally.
<https://cerfplus.org/get-relief/apply-for-help/craft-emergency-relief-fund/>
 - Domestic Workers:
https://membership.domesticworkers.org/coronavirus/?fbclid=IwAR3bZtepkwllh8HzeiS-yBEPpY6jKqjYpQULsxSw10_qucjtKWEQ7xZHhQE

- Healthcare Workers:
https://www.seiu1199nw.org/wp-content/uploads/2020/03/English_FactSheetForHealthcareWorkers_March4.pdf

F. Immigrant & Refugee Support: FLIC Florida Immigrant Coalition

<https://floridaimmigrant.org/> FLIC Hotline: 1-800-600-5762

G. Small Business: <https://covid19.floridajobs.org/>

H. Testing Sites:

<http://www.ocfl.net/EmergencySafety/Coronavirus.aspx#.XpYOqhnYrnE>

II. HILLSBOROUGH COUNTY/TAMPA (Separate city and county government)

A. Food Distribution & Supplies:

<https://www.hillsboroughcounty.org/en/residents/public-safety/emergency-management/stay-safe/getting-help>

1. **Meals for kids** - Parents can visit one of the Hillsborough County Grab-and-Go Feeding sites for a free breakfast and lunch for their child. See [participating locations](#).
2. **Food for families and individuals** - Feeding Tampa Bay offers a number of different ways to bring food to your table every day, from **Breakspot Meal Sites** and **Senior Groceries** to **Mobile Pantries** and **Trinity Café**
3. Families in underserved areas of Hillsborough and East Pasco counties also have access to fresh fruits and vegetables through the **Tampa Metropolitan Area YMCA Veggie Van**
4. **Food for pets** - Pet Resource Center offers people who need help feeding pets with its Food Pantry. To receive assistance, call (813) 744-5660
5. **Drive-thru grocery distribution** - Residents in need of food in the Tampa Bay area can go to the Feeding Tampa Bay's free drive-thru grocery distribution happening every Saturday starting at 9 AM. Tampa Bay area locations are at Hillsborough Community College (Dale Mabry campus) and at Tropicana Field (Lot 4).+
6. **Food for COVID-19-affected and low-income residents** -The Florida Food Assistance Program helps people who have low-incomes, as well as residents who have recently lost their jobs or experienced a significant reduction in the number of hours they are able to work due to the COVID-19 event, buy healthy food and have access to a healthy diet through the Supplemental Nutrition Assistance Program (SNAP). **Fresh Access Bucks for SNAP recipients** also have local markets in Tampa Bay area open.

B. Seniors who attend dining centers/congregate meal sites, receive services through adult day care centers, or receive home-delivered meals, please **call (813) 272-5160**, for information about the continuation of services. **Easy to make recipes** from Aging Services **Phone-In Wellness Session** To help ease those feelings and keep older people healthy, Aging Services is offering virtual phone-in wellness sessions so seniors can stay mentally and physically engaged while at home. Virtual senior wellness sessions are offered twice a week on **Tuesday and Thursday** in both English and Spanish.

- **Sessions in English are from 11:45 AM - 12:45 PM**

- **Sessions in Spanish are from 1- 2 PM**
- The Call-in Number is: **1-888-585-9008** Conference Room Number is **784132094#**

Each session is broken into segments that feature the following topics:

- Health and safety tips with a registered nurse
- Healthy eating tips during stressful times by a registered dietician
- Updates related to COVID-19
- Senior resources and links to stay connected
- Activities focused on the seven dimensions of wellness
- Mindful meditation or laughter is the best medicine for stress

Senior Fitness

- Go to [Go4life.nia.nih.gov](https://go4life.nia.nih.gov), and find a workout, one that works for you.
- Workout with Silver Sneakers videos on YouTube. Facebook users can get engaged at [Facebook.com/SilverSneakers](https://www.facebook.com/SilverSneakers)
- A variety of fitness videos for active older adults are available on demand at [YMCA360.org](https://www.ymca360.org).

B. Schools & Childcare

C. Employment Opportunities

1. <https://www.hillsboroughcounty.org/en/residents/public-safety/emergency-management/stay-safe/business-and-employment-help>
2. Career Source Tampa Bay: <https://www.careersourcetampabay.com/>
 - Tampa: (813) 930-7400
 - Brandon: (813) 930-7832
 - Ruskin: (813) 419-5300
 - Plant City: (813) 930-7400; extension 5563
3. <http://www.floridajobs.org/>

D. Utilities and Bill Pay

1. **Power and utility bills.** The Low-Income Home Energy Assistance Program (LIHEAP) and Emergency Home Energy Assistance Program (EHEAP) help Hillsborough County residents pay for energy bills so they don't have to choose between electricity and groceries. Assistance is provided for as long as program funds are available. Link: <https://www.hillsboroughcounty.org/en/residents/social-services/financial-assistance/action-folder/apply-for-energy-assistance>
2. **Rental payments and mortgages.** Hillsborough County offers limited rental payment assistance to eligible households, home mortgage (no foreclosures), apartment rent, mobile home, lot rent, and utilities (if included in the lease.) Link: <https://www.hillsboroughcounty.org/en/residents/social-services/financial-assistance/action-folder/apply-for-rental-assistance>
3. **City of Tampa residents rental payment and bills assistance** - The One Tampa: Relief Now, Rise Together program will provide direct payments for eligible City of Tampa families and individuals

for essential utility costs and rent or mortgage for one month Link:

<https://www.tampagov.net/relief-now/individuals>

E. Community Aid

1. One Tampa Relief Now, Rise Together: <https://www.tampagov.net/relief-now>
2. Tampa Dream Defenders:
<https://docs.google.com/forms/d/e/1FAIpQLSfDAa3Q7LK1YiJJDOFenqD46ncgl3XZZPVkOOAPL4KBO2dj6w/viewform?fbclid=IwAR1Bx5i8CYiEjHisskRlzmhgkCTZx3-guF2rD0KTrl4ARTQpqW2fPPO4nnU>

F. Immigrant & Refugee Support:

<https://floridaimmigrant.org/our-work/detentions-deportations/know-your-rights/>

FLIC (Florida Immigrant Coalition) Hotline: 1-888-600-5762

G. Testing Sites

1. The call center **is accepting calls** for pre-screening / pre-registration.
2. If you are symptomatic call **(813) 272-5900** from 8 AM to 5 PM, Monday - Friday to pre-register for an appointment.

III. ALACHUA COUNTY

A. Food Distribution & Supplies

1. Farmshare: <http://farmshare.org/agencies/>
2. Gainesville Community Ministry-Phone: (352) 316-2939
3. Passage Ministries-Phone: (352) 301-6838
4. Salvation Army-Phone: (352) 376-1743
5. Sisters Helping Sisters-Phone: (352) 375-8822
6. Mount Pleasant UMC-Phone: (352) 372-2333

B. Schools & Childcare

1. <http://www.cityofgainesville.org/EmergencyManagement/COVID19Updates/Childcare.aspx>
2. Alachua County Public Schools: <https://www.sbac.edu/domain/9718>
3. Grab & Go Meal Sites: <https://www.yourchoicefresh.com/>
4. Online Learning and Support: Call Center at (352) 955-7001 or Click on the link: <https://fl02219191.schoolwires.net/Page/3512>
5. School Counselors Available:
 - You may contact your child's school or email the counselor directly to set up an appointment during school hours.
 - **If an immediate need for counseling arises outside of school hours, the Alachua County Crisis Center can assist at (352) 264-6789.**

C. Employment Opportunities/Assistance

1. Employee Rights (Alachua County)
<https://fl02219191.schoolwires.net/site/handlers/filedownload.ashx?moduleinstantiateid=34235&dataid=54963&FileName=Families%20First%20Coronavirus%20Response%20Act%20Flyer.pdf>
2. Career Source North Central FL: <https://careersourcencfl.com/>

D. Utilities and Bill Pay Help:

- <http://gru.com/coronavirus>
- GRU will not disconnect residential or non-residential customers for nonpayment or charge late fees, at least through May 15, General Manager Ed Bielarski announced. GRU had previously suspended late fees through the end of April and disconnections until further notice. GRU will continue to monitor the impacts of COVID-19 on our community and make decisions are in the best interest of our customers and employees.
- Customers are urged to continue making regular payments if possible to avoid creating an unmanageable past-due balance.

E. Community Aid: <https://www.facebook.com/groups/243135496869312/>

F. Small Business

1. Small Business Protection Program:

https://home.treasury.gov/system/files/136/PPP%20--%20Overview.pdf?fbclid=IwAR2D DF2-br3yyugvkNoYXiEJZO2LkDrOJFdMLc110_Htwq_LO73Ami1N_ic

2. <https://covid19.floridajobs.org/>

G. Testing Sites:

1. The COVID-19 Call Center is available to answer questions 24/7 at 1 (866) 779-6121.
2. Medical Professionals wishing to contact the Alachua County Health Department should call (352) 225-4181.